

7/21/2020



JICMS

JAMES IRWIN CHARTER MIDDLE SCHOOL ATHLETIC HANDBOOK



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Fall/Winter/Spring 2020-21 Sports Information

Upcoming Meetings/ Start Dates

TBD - Fall Parent Meeting

6:30 pm MS Café

TBD - Winter Parent Meeting

6:30 pm MS Café

TBD - Spring Parent Meeting

6:30 pm MS Café

Aug. 10 Practice begins for Fall Sports

Oct. 5 Practice begins for Boys Basketball

Dec. 7 Practice begins for Girls Basketball

Feb. 1 Practice begins for Wrestling

Mar. 14 Practice begins for Spring Sports

Athletic Packet must be turned into athletic office prior to participation

****BEFORE** tryouts/participation in any athletic program, all interested athletes **MUST** complete an athletic registration packet which also includes a current physical, all previous sports fees **MUST** be paid and any uniforms turned in. The fee for that sport must be paid by the end of the season. Coaches are **NOT** permitted to accept any paperwork or fees.*

Athletic Registration Packet must include:

- ▶ Current physical (valid for 1 year only)
(done on PlanetHS.com)
- ▶ Emergency Contact/Signature Page
(done on PlanetHS.com)
- ▶ Volunteer Opportunity Form (optional)

Athletic Refund Policy

Full Refund:

- * If cut by the coach before the first scheduled contest.
- * If athlete voluntarily drops before first scheduled contest. **Athletic Office must be notified immediately or refund is forfeited.**

Pro-Rated Refund:

If injured before during the competitive season and remains with the squad. **Athletic Office must be notified immediately.**

No Refund:

- * If cut because of disciplinary action.
- * If athlete quits voluntarily after first scheduled contest.

Try-out Refund:

Athletic fees will be refunded for those sports that post a limited roster after the roster has been determined. This will take place before the 1st competition. Athletes who are not on the roster must come to the Athletic Office to notify them of the need for a refund.

Uniform Turn In Policy:

If a uniform is not turned in on time, a charge will be placed on the students account for the cost to replace the single uniform. The charge will be removed when the complete uniform is turned in.

REMEMBER!
Playing sports at our school is a
PRIVILEGE, not a RIGHT!

James Irwin Charter Schools
5525 Astrozon Blvd
Colorado Springs, CO 80916

Athletic Director- Mike Prusinowski
Assistant AD – Jan Rohde
Office – 302-9024
Fax – 576-8071

Athletic Handbook

Welcome to the James Irwin Charter Middle School (JICMS) athletics program. This handbook will let you know what information, forms, and other guidelines are necessary to try out for the sports teams. This booklet contains information that you can refer to during the season so keep it handy.

REQUIRED MATERIALS

All athletes must provide all of the information shown in the checklist below. Please complete the checklist and turn in all the forms to the Athletic Department no later than the first practice date as listed in the IMPORTANT DATES section of the handbook.

- A physical must be completed and signed by a physician. **Participation is not allowed without it.** A physical is valid for one calendar year and must be valid throughout the entire season to participate.
- The following forms must be signed by a parent or guardian and on file before athlete can compete (these items are now done online through PlanetHS.com):
 - Current Physical Form
 - Emergency Consent/Signature Page
- The JICMS Sports Fee is \$90. All previous sports fees must be paid prior to trying out for any sport.

ATHLETIC DEPARTMENT GUIDELINES

1. Participation in athletics is a privilege, not a right. Athletes are expected to conduct themselves at all times, both in and out of school, in a manner which will not embarrass or bring discredit to themselves, their team, or JICMS. Conduct unbecoming to a JICMS athlete may result in suspension from the team.
2. Suspensions from individual games will be at the sole discretion of the sport's head coach. Suspension from multiple games and dismissals from the team will be approved by the AD and the Principal.
3. Use or possession of alcohol or other illegal drugs at school, in a school vehicle, during or prior to school activities, or observed by a member of the coaching staff, administrative staff, or faculty member "in-season" will result in suspension from the team for the remainder of the season. Further participation in athletics will be at the discretion of the principal, AD, and head coach in each sport.
4. Use or possession of any tobacco product will result in a minimum of a one game suspension and a maximum of dismissal from the team for the remainder of the season depending on circumstances.

5. Any athlete on out-of-school suspension during his/her sport season may not practice or participate in any competitions during the suspension. Second offense during the sport season will result in the athlete being suspended from the team for a minimum of one game.
6. Any athlete not attending school on any given day may not practice or compete on that day. The AD will determine exceptions.
7. Athletes who are absent because of dental or physician examinations or treatments may play or practice upon their return.
8. Any athlete who owes fees for any previous school year will not be allowed to participate until the fees have been cleared.
9. Specific rules and regulations governing each sport will be given to each athlete by the head coach. A copy of these rules will be on file in the AD's office.
10. Any action or omission on an athlete's part, which could require disciplinary action not specifically covered in either the athletic discipline policy or the individual team's rules, will be resolved jointly by the head coach and the AD. Repeated violations of the athletic discipline policy may result in permanent suspension from athletics.
11. All discipline issues are dealt with by the coaches and the AD.

ATTENDANCE POLICY

Every athlete must be in school for more than half their classes to be eligible to play in a game that day. (For example: a student who has a full 8 period schedule must be here before 4th period, but should a student be dismissed after 6th period for a game, that student would have to be here before 3rd period.) The only exceptions would be a doctor's appointment that had to be scheduled during the day (the student should be in class all possible hours around the appointment) and a major family emergency such as a funeral. Any student that comes in after the listed times will not be eligible to play that afternoon.

CONTACT INFORMATION

If you have any questions or other needs, feel free to contact the AD with the information below, or call your coach.

Mike Prusinowski

Athletic Director
302-9024 – office
258-0263 – cell
mike.prusinowski@jamesirwin.org

Jan Rohde

Assistant Athletic Director
302-9024 – office
jan.rohde@jamesirwin.org

ELIGIBILITY

Athletes must meet all JICMS standards to be eligible to participate.

JICMS Eligibility Standards

- Participation in activities is a privilege, not a right. All athletes must maintain proper academic standing in order to be eligible. The minimum academic requirement at JICMS is to maintain a 2.0 grade point average and not be failing any courses.
- Grades are tracked on Thursday of each week by the Athletic Director. A student found to be ineligible for academic reasons will be unable to play in games and **cannot be dismissed early** according to the guidelines below. If a student is found ineligible, he/she will be ineligible beginning that Friday through the following Thursday and will be eligible to play again the following Friday if grades permit. In addition, if a student is placed on Academic Probation (see explanation in the school handbook) at the end of a quarter, he/she will be ineligible to participate in extracurricular activities during the entire next quarter.
- The policy when a student is found ineligible is as follows:
 - Week 1 – The student attends practices, but cannot play games.
 - Week 2 – The student goes to no practices or games.
 - Week 3 – The student is dismissed from the team.
 - If the student has random ineligible weeks, the teachers, coach and AD will work on study skills and help the athlete find a way to keep his/her grades up.
- All athletes must maintain good citizenship, conduct, and sportsmanship.

CONSEQUENCES

Rule violations may result in a variety of disciplinary actions ranging from simple running at practice to suspension from part or all of a game or games. Multiple or extreme violations may result in dismissal from the team. Other measures, including school discipline, may be taken when appropriate.

IMPORTANT DATES

Girls Volleyball 2020

First Practice - Monday, August 10
First Game Date - Monday, August 24
League Tournament – Sept. 30 & Oct. 2

Cross Country 2020

First Practice - Monday, August 12
First Meet Date – Thursday, August 27
League Meet – Friday, September 25

Boys Soccer 2020

First Practice - Monday, August 10
First Game Date - Monday, August 24
League Tournament – September 28 & 30

Boys Basketball 2020

First Practice - Monday, October 5
First Game Date - Monday, October 19
League Tournament – December 2 & 4

Girls Basketball 2020-2021

First Practice - Monday, December 7
First Game Date – Wed., Jan 4 (TBD)
League Tournament – February 10 & 12

Wrestling 2021

First Practice - Monday, February 1
First Game Date - Thursday, February 23
League Tournament – TBD

Track 2020

First Practice - Monday, March 15
First Meet Date – TBD
League: Meet Date – TBD

Girls Soccer 2020

First Practice – Monday, March 15
First Game Date – April 5
League Tournament – May 10 & 12

LATE GAME/PICK UP POLICY

*In the event that an athlete is ill or has an appointment, they MUST attend more than half the class periods before they are dismissed that day to participate in practice and/or a game.

*Please note that JICMS attendance policy states the following:

“A note from the parent explaining a student’s absence does not necessarily excuse that student. In all cases administration reserves the right to determine whether or not an absence is excused.”

Many athletic and extra-curricular activities occur after regular school hours. There is always an official start time and end time for these events. The school will provide adult supervision for all students involved in the specific activity during the scheduled time frame using teachers, coaches, or chaperones.

Due to safety concerns, students should not be on school grounds without parental supervision outside the scheduled event time frame. Students should never be dropped off until supervision is available and should always be picked up within 30 minutes after an event has ended in order to be respectful of the supervisor of the event.

It is the joint responsibility of both the parent and student to make the necessary arrangements for drop off and pick up within the event time frame.

Ongoing abuse of this policy could result in restricting the James Irwin student from participating in afterhours activities.

PARENT CODE OF CONDUCT

- 1) I will remember that the student athlete plays a sport for fun, and it is for them, not their parent(s).
 - 2) I will allow the coach to coach during the games and will not try to “coach” my child from the stands which could contradict what the coach is trying to accomplish during the game.
 - 3) I will respect the officials, school staff, and their authority during the games, and I will never question, discuss, or confront any of them at the athletic venues.
 - 4) I (and any guests) will be positive role models for the student athlete by demonstrating good sportsmanship by respecting all players, coaches, officials, school staff, and other spectators at any athletic event.
 - 5) I (and any guests) will not engage in anything considered to be of poor sportsmanship (i.e. profane speech, taunting, rude gestures, etc.).
 - 6) I will always promote the growth and well-being of the student athlete ahead of my own desires for my child.
 - 7) I will always seek to show the student athlete that, win or lose, doing his/her best is what matters in the end.
 - 8) I will remember that even in athletic competition, I along with the student athlete, are representatives of JICMS and should exhibit the five pillars of character upon which our school was founded.
- I understand that any violations of this conduct code will be grounds for dismissal or permanent expulsion from any JICMS athletic events.

Honesty + Integrity + Excellence + Responsibility + Respect

SCHEDULES - PRINTED AND ON THE WEBSITE

All players will receive practice and game schedules by the end of tryouts. Players are expected to attend all matches and practices, so personal schedules should be set accordingly.

Every effort is made to play all matches as scheduled. At times, though, we are at the mercy of the weather, officials, other schools, or gym availability. Matches can be rescheduled at any time. Coaches and athletes need to be prepared to adjust personal schedules as necessary to accommodate the team.

All schedule changes will be posted to the website at www.jamesirwin.org as well as www.jamesirwinathletics.org and an email will be sent.

SEASON PASSES

Passes will be offered each season (Fall – girls volleyball; Winter – boys and girls basketball) that will allow the immediate family members of the household entrance into all home games at James Irwin Charter Middle School during that season. However, these passes will not be accepted at the league tournament at the end of the season. The normal cost to get into a home game is \$2 per adult and \$1 per senior citizen/non-JI student. The cost for the season passes will be as follows:

Fall - \$15 per family Winter - \$30 per family

Year Long Family Pass - \$40

STUDENT/ATHLETE CODE OF CONDUCT

The Athletic Code of Conduct is a commitment by the athlete to exercise good judgment in all affairs, to represent self, school, family and community in the most positive manner at all times, and to encourage others to share these ideals. The code of conduct shall be in effect for the entire school year and all subsequent middle school years, to include fall athletic practice in August. It is also in effect when an athlete is taking part with any school-sponsored event regardless of the time of year or circumstance of participation.

Involvement in JICMS Athletics and Activities is an honor and a privilege. As a member of a school team or organization, your behavior on campus, in the community, and at other schools reflects on not only yourself, but your program and the school as well. To maintain this privilege, students are expected to respect people and property, be in regular school attendance, and follow all school rules. Failure to follow these guidelines could result in suspension from the athletic program.

TEAM RULES

- All players participate in 5 practices before they are allowed to compete in any scrimmage or game.
- Punctuality—Players will be on time to all team functions. Remember—3:46 P.M. is late for a 3:45 P.M. practice.
- Attendance—Players are expected to have 100% attendance at practices and other team functions. A sports team cannot function properly if all members are not present. Emergencies and major illnesses should be communicated to the coach or the AD (mike.prusinowski@jamesirwin.org or 302-9024) that day. Remember colds, headaches, stomach aches, and allergies are inconveniences, not major illnesses. Exceptional needs will be evaluated on a case-by-case basis and must be approved in advance. Please plan ahead so that conflicts will not arise.
- Grades—Players are students first and are expected to maintain a positive academic standing at all times and to ask for help when needed.
- Behavior—Players are expected to conform to all state, local, community, district, school, and team laws, rules, policies, and standards. That includes showing proper respect to coaches, officials and parents.
- Practice attire – All players are expected to wear a properly fitting t-shirt of their own to all practices unless a school issued practice jersey is issued. Modesty is the key principle. No tank tops, spaghetti straps, low cut tops or t-shirts with the sleeves removed are permitted. Although the spandex bottoms are part of the volleyball uniform, shorts or sweat pants are required to be worn at all times when not participating in practice or a game.

TRAVEL POLICY

All team members, including injured athletes, are expected to travel to all away matches. An away game is any game played at another school. Vans will be used to travel to all away games. All team members are required to ride to the games on the vans or bus to help build team spirit. Athletes can ride home with their parents after a game after notifying the coach. All drivers must be approved to drive through the athletic or business office.

Athletes must have a “Transportation Form” signed and on file in the Athletic Office to be eligible to travel with the team.

TRYOUT POLICY

All players must have a physical on file before tryout date

- Players need to plan to attend all tryout dates.
- Tryouts will last from three to five days to allow all coaches on staff to evaluate each player. The decisions of the head coach on team selections will be final.

UNIFORMS

Uniforms issued to players are on loan and a uniform agreement is signed by each athlete. All equipment is expected to be returned, **clean and in good condition**. All equipment must be given **directly** to Mr. Prusinowski or Mrs. Rohde. All uniforms not returned one week after the last date of completion will be charged in infinite campus for a replacement. Fees will be removed if/when the uniform is returned. Items that are lost or destroyed must be replaced.

WHO PLAYS

It is our position at JICMS that every effort is made to play all athletes at every contest. Middle School is the time to develop interest in athletics, work on fundamentals, and to see whether or not a student wants to continue the sport at the high school level. Playing time may not be completely equal every game.

Address all playing time issues with the AD, not the coaches.

If there are any other disagreements with decisions that are made by the coach, parents are expected to wait at least one day to allow both sides to be able to handle the issue without emotions being involved. **No coach should EVER be approached after a game to discuss a problem!**